Dear _____,

For seven years, we've asked you to show up. To show up in your courage, your fear, your vulnerability. To show up even if you're not sure how. And we've asked you to get real with us. Now, we need you to show up for us. We need you to join us to keep our founder's dream alive. Your investment is more critical than ever.

Sarah Jones started PMD Alliance with a wish: she saw her mother-in-law crumbling from caring for her husband with Parkinson's, and she just didn't feel like there was any organization that had their arms around the people trying to navigate this disease. She knew we could wrap our arms around people, even if we were connecting with them through Zoom. Other organizations could offer a million different kinds of programs or a race for a cure, but we knew that wrapping your arms around people in a meaningful, authentic, present way can't be duplicated because it comes from a place of passion, soul, and spirit. We wished that this hug could make people feel seen—that we could know their pain, know their joy, know what makes them happy and gives them reprieve from this really hard disease. We go deep exploring quality of life *today*, because that's what we should be living for.

For seven years, your lives and needs and aspirations have been our guiding star. They will always be. But, today, Sarah finally truly knows your story in her bones. She, too, needs to be wrapped in that hug. Sarah was recently diagnosed with a very rare form of vasculitis. Suddenly, she knows the fierce love of her wife as she advocates alongside her and the life-giving power of support group connections.

We need you to help us hold fast to our wish. Because the truth is we cannot do this alone. Invest in PMD Alliance today because every gift is an investment in YOU—in your needs, your aspirations, your wishes as a community. 100% of every dollar you donate directly supports our programs. Each gift wraps someone in a hug.

For you and every person you're forever linked to because of Parkinson's whose story has become your own, give a gift today. Keep our dream alive.

In solidarity,

Andrea Merriam

P.S. After serving as Sarah's right hand for several years, I'm stepping forward as CEO. As Sarah shared her story with me, I felt her heart and her pain. My wish is to carry on with the same spirit as I lead PMD Alliance into our next chapter. I know you all know what an honor it is to keep her vision thriving and to hold this community together with that same hug she has offered us all.